

# **TALK IT OVER**

THE HEALING PATH (PART 2) | PASTOR TROY STEIN

# **KEY SCRIPTURES**

"What causes fights and quarrels among you? Don't they come from your desires that battle within you? 2 You desire but do not have, so you kill. You covet but you cannot get what you want, so you guarrel and fight. You do not have because you do not ask God. <sup>3</sup> When you ask, you do not receive, because you ask with wrong motives, that you may spend what you get on your pleasures. <sup>4</sup>You adulterous people, [a] don't you know that friendship with the world means enmity against God? Therefore, anyone who chooses to be a friend of the world becomes an enemy of God.

#### **James 4:1-4 NIV**

"I remember my affliction and my wandering, the bitterness and the gall. 20 I well remember them, and my soul is downcast within me. 21 Yet this I call to mind and therefore I have hope: <sup>22</sup> Because of the LORD's great love we are not consumed, for his compassions never fail. <sup>23</sup> They are new every morning: great is your faithfulness. 24 I say to myself, "The LORD is my portion; therefore I will wait for him." <sup>25</sup> The LORD is good to those whose hope is in him, to the one who seeks him; 26 it is good to wait quietly for the salvation of the LORD.'

#### Lamentations 3:19-26 NIV

### START TALKING

Have you felt the pain of betrayal? (Please share)

# START THINKING

Read James 4:1-4. Pastor Troy said, "We befriend the world whenever we demand that others be what only God has promised to be: faithful and sure." How do you feel about that statement?

Pastor Troy said there are three stages people go through when they've experienced betrayal:

- 1. Our First Responses: "What's wrong with me?"
- 2. Reconsider Events: "Someone will pay!"
- 3. Numbing Out: "Who cares?"

He also taught us that most people go through all three stages but in order to get out of the cycle we must "remember" or "call to mind" who God really is. (see Lamentations 3:19-26)

Who is God to you in this season of your life?

## START PRAYING

Jesus, this is hard! I'm having a hard time and I need Your help with this. I long to see You in the desert. Thank You for holding me close and helping me. In Jesus' powerful Name, Amen.

#### START DOING

Using Lamentations 3:19-26, declare these verses out loud every day this week. Think about what you are saying. Then open your heart to the voice of the Holy Spirit as He ministers to you.